



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 03224, Babyfood, dessert, cherry vanilla pudding, strained

Report Date: July 04, 2017 21:38 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	81.50	4	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Energy	kcal	68	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Energy	kJ	285	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2005
Protein	g	0.20	4	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Total lipid (fat)	g	0.30	4	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Ash	g	0.20	5	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Carbohydrate, by difference	g	17.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Fiber, total dietary	g	0.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Sugars, total	g	9.15	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Minerals													
Calcium, Ca	mg	5	5	1.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	0.19	6	0.030	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Magnesium, Mg	mg	2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phosphorus, P	mg	7	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Potassium, K	mg	34	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Sodium, Na	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	05/2010
Zinc, Zn	mg	0.04	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Copper, Cu	mg	0.050	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Selenium, Se	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	1.1	6	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin	mg	0.008	5	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Riboflavin	mg	0.011	5	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Niacin	mg	0.038	6	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Vitamin B-6	mg	0.011	6	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folate, total	µg	0	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	0	3	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Choline, total	mg	4.7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Vitamin B-12	µg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	18	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Retinol	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, beta	µg	145	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin A, IU	IU	261	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lutein + zeaxanthin	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E (alpha-tocopherol)	mg	0.01	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D3 (cholecalciferol)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin D	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin K (phylloquinone)	µg	0.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Lipids													
Fatty acids, total saturated	g	0.087	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
14:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:0	g	0.062	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:0	g	0.021	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total monounsaturated	g	0.105	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
16:1 undifferentiated	g	0.007	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:1 undifferentiated	g	0.098	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:1	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Fatty acids, total polyunsaturated	g	0.053	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:2 undifferentiated	g	0.037	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:3 undifferentiated	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:4 undifferentiated	g	0.003	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
22:6 n-3 (DHA)	g	0.001	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/1995
Cholesterol	mg	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1985
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003